

HAPPY SOULS 11:11

SUMMER SOLSTICE | 'BACK TO GAIA' RETREAT

Tuesday 16th June 2020 - Sunday 21st June 2020



SUMMER SOLSTICE | BACK TO GAIA RETREAT 2020

5 NIGHTS AND DAYS OF PEACE, RELAXATION AND EXPANSION

A gathering to celebrate the summer solstice, a week of magic and wonder, in the beautiful natural setting of Wiltshire, Great Britain.





USING TECHNOLOGY IN SPACE TO IMPROVE LIFE ON EARTH



THE CAMP

Nestled in the beautiful Wiltshire countryside is Bradford on Avon. Just a stone's throw from Bath, Stonehenge and The Avebury circle.

Our Camp is an off grid campsite, surrounded by peaceful countryside and provides everything we need to enjoy getting back to nature and the truth of who we are.

The Camp - we have exclusive use of all tents/camping facilities and communal areas, including large woodland and open fields.

- Large bell tents with wood burning stoves
- Real beds, bedding and fresh linen
- Furnished for comfort and simplicity
- Peaceful, woodland setting, away from a busy world
- Space outside for a campfire under the stars
- Hot showers & Luxury compost loos
- Dining shelters with seating for all
- BBQs, gas hobs and fire bowls
- Well-equipped camp kitchen
- Indoor heated pool (half a mile)
- Games Room down at the farm
- Local stream to swim
- Crystal and gift shop



THE CAMP

Three meals a day are included, all of our food will be prepared 'wild' on site by an ex michelin star chef (all dietary requirements catered for) and will be provided in the communal areas. You may use the communal kitchen and seating areas, food ingredients can be purchased on site or in the local village. Wild food foraging workshops in the local wilderness will allow you to enjoy the magic of eating food fresh from gaia's heart.



SCHEDULE

Tuesday 16th June Arrival Day (from 10am)

On arrival to the site, you will be shown to your tent and around the camp. Everyone will have some time to get settled and acquainted before we come together at 12pm for a welcome meditation, followed by lunch at 1pm. The first days workshop is a casual affair, we break at 5pm for another meditation, followed by dinner and a welcome party at 6pm.

This is a chance for us all to get to know one another, relax in one another's company and to get comfortable in our new shared setting.

We arrive at camp in the third quarter moon, when the energy is waning. This is a time of releasing and letting go. So our first night united will be spent clearing our souls and our space, to fully integrate and ground ourselves back in nature and unwind into the comforting energy of Gaia. Making wishes around the campfire, relaxing into the sound of the drum, probably drinking wine :)

Daily Schedule Wednesday-Saturday

7am-8am	- Qi Gong (optional)
7am-9am	- Breakfast
9am-10am	- Morning Meditation
10am-12pm	- Workshop/Class
12pm-2pm	- Lunch & Rest
2pm-4pm	- Workshop/Class
4pm-5pm	- Evening Meditation
6pm	- Dinner
Evening Activities	- TBC (Optional)





THE CAMP

We encourage you to use the communal areas and surrounding countryside during your 'free time', you can take a walk through the woodland, go wild swimming in a nearby stream (or the heated indoor pool if you prefer), visit a local pub or join your sisters around the campfire.

There is a lovely farm shop and cafe within walking distance also. Each evening we will have a different range of optional activities for both individuals and groups, such as :-

Our final night together, Summer Solstice, we will be joined by Grant Wilson for a drumming workshop and solstice party.

There will be a Happy Souls store on site where you can treat yourself to crystals and local handmade gifts.

On the evening of Friday 20th June, we make our way together by coach Stonehenge, to watch the sunrise and welcome in the summer. This is a through the night event, we will bring along snacks and refreshments and blankets and enjoy an evening of celebration with the many like minded souls who gather in the great stone circle to celebrate this special day.

We won't return to camp until breakfast, so the Saturday will be spent resting, before we come together again in the evening for Grant's drum workshop and a summer solstice party, this will be the final night of the retreat.

Check out is at 10am on Sunday
We will do our final meditation together at 9am.



WHATS INCLUDED

- Bedding & Towels
- Lanterns, Candles and Firewood (communal areas are lit also)
- Yoga Mat, Yoga pillow, Yoga Seat/Cushion
- Breakfast & Lunch
- A retreat Journal in which to record your experience

WHAT YOU NEED TO BRING

- A warm blanket to use during meditations
- Toiletries such as soap, shampoo, shower gel etc
- Swimwear. Pool on site as well as local stream



ACCOMMODATION OPTIONS

- Your own Private Bell Tent
- Place in Shared Bell Tent | 2 person
- Place in Shared Bell Tent | 3 person

£1444
£999
£777

OPTIONAL EXTRAS

EARLY ARRIVAL:

Monday Night : If you are flying in the day before the retreat, you can check in on the 15th between 3pm and 9pm, for an additional charge (excluding food).

£111

EXTRA DAY:

If you decide to stay on for Sunday, there are a range of workshops available with no extra charge. Your accommodation, lunch and dinner are also included.

£285

Extra Day Workshops:
Regression and Shamanic Journeying With Lorna Wilson -**10am-4pm**
Munay Ki Rite Workshop with Grant Wilson - **7pm-10pm**

*Please note there are no disabled toilets or easy disabled access to this camp.



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